## **BEGINNER BRIDGE**

## JOIN US FOR BRIDGE CLASSES



## Part of Trinity Ecumenical Parish's Aging Gracefully Ministry

Our first session will introduce the basics of Bridge, and together we'll plan future classes and playing times.

All are welcome—no prior experience needed!

Questions?

Contact Martha Meyer at 336-416-3049.







## **About Aging Gracefully**

Aging Gracefully is a holistic initiative that empowers older adults to thrive spiritually, physically, emotionally, financially, socially, and intellectually. Rooted in faith and community, each offering supports meaningful connection, personal growth, and practical guidance for life's transitions. Whether through a walking group, financial planning session, homebound visitation, or book study, every experience is grounded in the belief that aging is not something to endure but to embrace with grace, purpose, and joy. Discover how





